

BEYOND CHARGED WATER

By Lourdes Lebron

For those of you who charge water, you may have found the water to taste better and you are achieving your goals. It is at this point that you may want to move onto the next step. You want to boost up the energy and add more “zing” to your water. The following article will give you ideas, tips and suggestions on how to take charged water up another notch.

Gridding – Since the pitcher is already being charged by crystals you can make the pitcher the center of a grid and place one crystal in each of the four directions (North, South, East, and West).

Copper – This metal conducts energy and is great for amplifying the energy of the water. On a heatproof/fire proof surface, place a sheet of copper underneath your water. Then place the crystals upon it. If you are doing this in sunlight, please be very cautious. The sun’s energy will be reflected through the water and that can cause a burn. After you charge the water, it can be moved away from the sun and still be left on the copper sheet.

White Light – Before surrounding your pitcher with crystals, hold it between your hands and imagine white light permeating it and infusing it with your intention. This only takes about a minute, but will reinforce your intention.

Color – Using color is another way to add a different vibration to your water. You could place a potholder or dishcloth in the color of the crystals or particular chakra that you wish to work on. After charging the water, the water could be placed in a colored glass container too. The goal is to imbue the water with color energy as well as crystal energy.

Goals – Many of us charge water with a specific intention. To add more “zest” to your wish, write it down on a piece of paper, and place it under the pitcher of water once it has been charged. Whenever possible make the paper big enough so that the crystal infusing the water also sits on it too. Every time you drink the water imagine yourself achieving this goal.

Plants – With plants you can add the energy of another element into your water. After charging, surround your water with a healthy vibrant plant. If you don't have a plant, a picture will do. Another way to use the water is to make a tea out using the herbs associated with a particular goal. For example, I use cinnamon, allspice and cloves to attract abundance and steep them in water I have charged. For those of you interested in prosperity herbs and plants, here is link to a list of plants that may help, http://www.pioneerthinking.com/gardening/herbs/ss_prosperity.html

Moonlight – When working with charging water, most of us use sunlight, but forget moonlight. Considering how well moonlight works well with crystals, just think of what it can do to your water! After infusing your water with sunlight, place it out to receive moonlight. Let it stay as long as it can soaking up moonbeams. Your water will now have an extra dose of energy to strengthen it.

Reiki – The energy from Reiki can not only help improve the vibration of water, but it can increase your chances of success. You can play a Reiki video that corresponds to what you are manifesting so that the water absorbs the energy. Just place the pitcher in front of whatever device is playing the Reiki video. Here is a link to the Reiki youtube videos, <http://www.youtube.com/user/RestRelaxationReiki/videos?view=0>. If you are a Reiki practitioner, just place your hands on the pitcher and let the Reiki flow to it. You can do this while the water is charging or after it has been charged.

Candles – Fire is another element that can add a charge to your water. Once the water has been charged, light a candle (preferably in the color of the crystals or chakra corresponding to your intention) next to your pitcher (please make sure everything is heatproof and fireproof). The candle should be the half the size of your container so that the flame can be reflected in it. Visualize the light of the flame filling the container with your desire. Do this for one to three minutes every day for the best results.

Numbers – Most people don't think of numbers as energy, but they are. You can use numbers like colors to increase the vibration of your goal. Write down the number whose energy works with your goal and place it under water that has been charged. This will let the vibrations of the number seep into the water. Here is a very general list of numbers and their vibrations:

1 – Leader, Independence

2- Peace

3- Creativity

4- Order, Functionality

5- Outgoing, Fun

6- Home, Nurturing

7- Logic, Knowledge

8- Abundance

9- Spirituality

These are just a few ideas to get you started on increasing the flow of energy to your water. Try using a couple of them together for stronger results. Or focus on one goal a day. Be creative; let your intuition guide you. You are only limited by the power of your thoughts.

Bibliography

Costelloe, Marina. *The Complete Guide to Manifesting with Crystals*. Forres: Earth Dancer, 2009. Print.