

Psychic Protection for Your Home

By Lourdes Lebron

Many of us use crystals and energy to protect ourselves energetically, but don't think to use the same techniques for our homes until we encounter negative energy and then have to do something about it. This article will focus on preventive measures that you can take to make sure the energy stays clean and light.

The first step to protection is cleaning. You can learn more about this from the following link on the Healing Crystals Website,
http://www.healingcrystals.com/I_Feel_Negative_Energy_and_Tension_in_Our_Home_What_Crystals_do_You_Recommend_Articles_7211.html

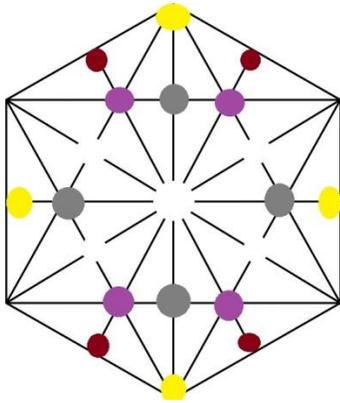
After the physical cleansing you can start working with [Sage](#) or [Palo Santo](#). Open windows and start in the basement. Draw a protective symbol with the smoke. You can draw a cross, pentacle, hamsa, Star of David, Eye of Horus any or symbol you feel a strong spiritual connection to. If you don't have a symbol you feel a strong connection to imagine the smoke forming a protective barrier in the space. Pay particular attention to corners where energy has a tendency to become stagnant. Work your way around the room in a clockwise direction.

Once the room has been shielded with smoke, you can start using crystals to increase the strength of your defenses. When working with a singular space place a crystal in the corners of a room. If you are doing your entire home, place a piece of Selenite in each corner of the home (on the ground level or basement. As you place it in the corners ask your angels/guides/deities for protective energy

Visualize the [Selenite rods](#) connecting with each other and filling the room with white light. If you wish to bring a more loving energy into your space, place a [Rose Quartz](#) next to the [Selenite](#). Then visualize a pink light suffusing the space (after you finished the white light of [Selenite](#)). Add a [White Selenite/Rose Quartz](#) candle holder or electric lamp to increase the vibrations of the crystals. Place [Smokey Quartz](#) on each windowsill and imagine the energy from it framing the window.

Adding a protective grid to the space is also beneficial. [Hematite](#), [Smokey Quartz](#), [Amethyst](#), [Pyrite](#), and [Clear Quartz](#) have protective vibrations. Infusing the crystals

with the goal of protecting your home will add more shielding vibrations to the energy of the stones. You can use a [Clear Quartz](#) stone in the center, [Hematite](#) at the Cardinal Directions, and [Amethyst](#) in between the [Hematite](#). The next layer could have [Pyrite](#) behind the [Hematite](#) and [Smokey Quartz](#) behind the [Amethyst](#). [Clear Quartz Points](#) or [Clear Quartz](#) tumbled stones can be used throughout the edges of the grid. See diagram below.



[White – Clear Quartz](#)

[Grey – Hematite](#)

[Purple – Amethyst](#)

[Brown – Smokey Quartz](#)

[Yellow - Pyrite](#)

If you wish to make a different type of grid, the following link can give you more ideas, <http://www.youtube.com/watch?v=wzTtJx6IH6Q&feature=plcp>.

To protect the outside of your home, clear the land and home of any unwanted items or dying plants. You can place [Black Obsidian](#) or [Black Tourmaline](#) on the corners of your home/property. If possible bury the crystals in the ground. Place Marigold plants around your borders and Rosemary around the doorway to your home. Mint plants under window sills work well to provide protective vibrations. Wind chimes at the doorways help to break up any negative vibes that may be passing by your home.

Psychic protection for your home will help keep peace in your home. Crystals can create a sense of warmth and love that make your home a heaven for all.

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